

How to Use Your Head to Guard Your Heart:
A 3(D) Guide to Making Wise Media Choices

LEADER'S GUIDE

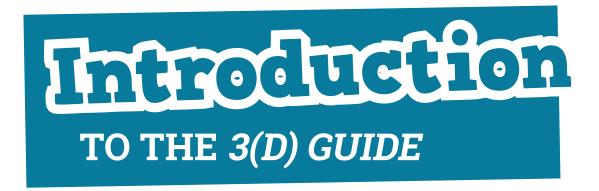
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THIS 3(D) LEADER'S GUIDE

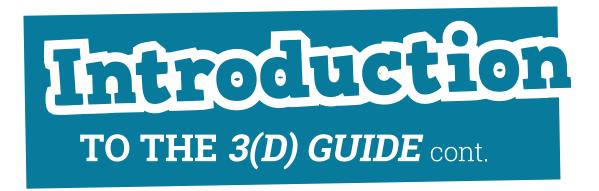
- This Guide is designed to be used mostly digitally. It works great on a tablet screen or computer monitor.
- If you use a touch screen device, the arrow on the bottom right will take you to the next page. Of course scrolling and the arrow keys on your keyboard can also be used.
- For those who prefer a paper copy, this guide can be printed on letter sized paper.

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Our children and teens are growing up in a rapidly changing world. It's very different from the world we grew up in. The frequent development of new media technologies has created a world where our students' lives are saturated by media. The growing variety of technologies, media types, and glut of media outlets have combined with the decline of institutions. (the family, church, and school) that traditionally nurtured children and teens to create an environment where students are not only engaging with a greater amount of media, but where the media is shaping their values, attitudes, beliefs, and behaviors. The most recent research indicates that the average teenager is engaged in media use for about 9 hours a day. Some have even labeled today's children and teens "Generation M(edia)." They are using lots of media, and the media they are using is shaping who they are now, and who they will be for the rest of their lives.

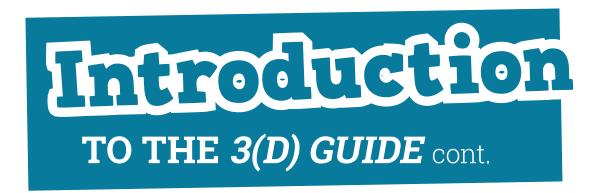




For the most part, parents and other adults have very little understanding of the media their children are using, that media's content, or that media's power to shape their child's life. Some parents and other adults choose to turn a blind eye to media, assuming that its content and influence are neutral. And, there are those parents and adults who forfeit their ability to influence their children by deeming media as dangerous, banning that media from their child's lives. Consequently, their children are never influenced to engage with media in positive and God-honoring ways.

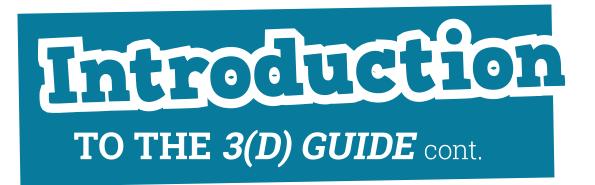
In today's media-dominated youth culture, media avoidance and ignorance invites irrelevance that can spell disaster as we seek to influence the children and teens under our care.





How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices is a unique and easy-to-use tool that is designed to be employed by parents, youth workers, Christian School teachers, and other adults to help you stay informed as to the media students are consuming, while helping those students become more media literate. The 3(D) Guide allows you to teach your students how to move from being "mindless consumers" of media, to an approach of "mindful critique" as they learn how to filter all media through the lens of a Christian worldview.





Because teenagers are at a developmental stage where intellectual and cognitive abilities are taking shape, the 3(D) Guide is a tool that allows adults to walk alongside students as they begin to develop the ability to think for themselves. While many of us mistakenly continue to "think for" students as they pass through the teenage years on the road to adulthood, the 3(D) Guide enables you to "think with" students about their media so that they will be equipped to launch into adulthood with the ability to "think for themselves" about media in faithful, obedient, and God-honoring ways.

For the latest statistics on children, teens and media:

The Center for Parent/Youth Understanding:

www.cpyu.org

Common Sense Media:

www.commonsensemedia.org





SHOULD USE THE 3(D) GUIDE?

How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices has been written for use with adolescents in grades 6 through 12. Middle and high school students are deeply immersed in media use. Consequently, they must be challenged to think critically and Christianly about their media choices and habits.



Where

SHOULD THE 3(D) GUIDE BE USED?

The 3(D) Guide is designed for **use in a** variety of settings. Youth workers are encouraged to teach and use the 3(D)Guide in a youth group, small group, or retreat setting. Educators can use the 3(D) Guide in the Christian school or Sunday school classroom. Parents are encouraged to use the 3(D) Guide as the basis for discussion of media use in the home. The 3(D) Guide is not a "once-and-done" exercise. Rather, it is designed to be used on a regular ongoing basis with students.

Suggested Settings for Using the 3(D) Guide:

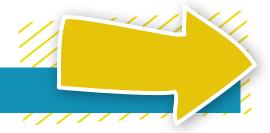
- Church youth group
- Small groups
- Retreats
- **Sunday School Classroom**
- **Christian School Classroom**
- **Christian School Media Literacy Program**
- Christian School Media/ Film Club
- Parent/Teen Conversation

IS THE 3(D) GUIDE DESIGNED TO MEET?

To undo and correct the long-standing and wide-spread **bad habits** of Christians who fail to apply their faith to the media-component of their lives, by teaching the emerging generations how to interact biblically and critically with their media

To teach and equip students with life-long skills of critical, **biblical-thinking** that allow them to engage with all media "Christianly" as a developed second-nature habit.

To give parents, youth workers, teachers, and other adults insight into the media students choose to engage, while enabling a deepened understanding of that media's "maps" regarding character formation, values, attitudes, beliefs, worldview, and behaviors.



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IS THE 3(D) GUIDE DESIGNED TO MEET? cont.

To create opportunities for adults to interact with and influence students as they build relationships through mutual discussion and evaluation, thereby nurturing the faith of those students in relationship to their media use habits, tastes, and choices.

To facilitate the opportunity for parents and other adults to "think with" their students

To offer an opportunity to influence students to learn, experience, and embrace a fully-biblical faith that is integrated into all of life, including their media choices

Suggestion for Leaders:

You play a valuable supportive role as you encourage and help parents who have been called to serve as the primary spiritual nurturers of their children and teens. Take the time to encourage parents to utilize the 3(D) Guide with their children. By communicating the objectives of the 3(D) Guide to parents, you will be encouraging them to assume greater responsibility for the spiritual nurture of their children.



White Objectives

IS THE 3(D) GUIDE DESIGNED TO MEET? cont.

To offer an opportunity for adults to bring the light of God's Word to bear on the **topics**, **issues**, **and worldview elements portrayed and promoted in today's media**, thereby offering students insight into God's will and way on all matters of life in a timely and relevant matter. The *3(D) Guide* engages students in Bible study that helps them to compare God's truth with the issues raised in their media.

To help adults gain **insight into the hopes, cares, concerns, and struggles of students** by facilitating discussion and understanding of the media that so often puts into pictures and words those things which students feel, but for which they cannot find words to use to express these things for themselves. In other words, the *3(D) Guide* will spark discussion that opens windows and doors into their world.





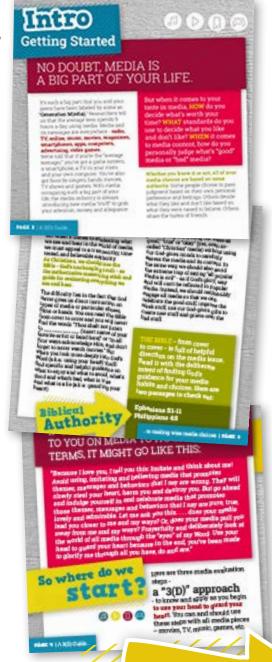
The 3(D) Guide contains two main components. It's important for leaders to familiarize themselves with these components before leading students through the 3(D) evaluation process. The first component is comprised of the **Core Realities** we must address if we hope to help students learn the life-long skill of thinking critically and Christianly about all media choices. The second component is comprised of the practical **Media Evaluation Steps** that we hope to teach and instill as second-nature skills.



CORE REALITIES

Core Reality #1 – Biblical Authority

Students are taught to understand that all their decisions are based on some authority. They are challenged to evaluate the authority or authorities they have been using as they make media choices and evaluations. They are challenged to consider and adopt a commitment to using God's Word as the foundational authority for their media choices and evaluation. **This first Core Reality of Biblical Authority is addressed in the Introductory material found on pages 2 to 4** of *How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices.* (Take some time now to read through and familiarize yourself with this content.)



Component One Core REALITIES

Core Reality #2 – Worldview

Students are taught to understand that they have a worldview. In addition, they are taught that every media piece promotes a worldview. The concept of worldview is explained simply, and they are challenged to turn to God's Word as the basis for a distinctively Christian worldview. **This second Core Reality of Worldview is addressed in the blue box on the right hand side of page 7** of How to

Use Your Head to Guard Your Heart: A 3(D) Guide to

Making Wise Media Choices. (Take some time now to read through and familiarize yourself with this content.)





CORE REALITIES

Core Reality #3 – Media Use Habits

Students are taught to consider and evaluate their own media use habits, particularly the posture they have habitually come to assume as they've engaged with media throughout their lives. They are challenged to move from a posture of "mindless consumption," to consciously choosing to hold a life-long posture of "mindful critique." This third Core Reality of Media Use Habits is addressed in the yellow box on the right hand side of page 11 of How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices. (Take some time now to read through and familiarize yourself with this content.)



Reminder to Leaders:

You may be tempted to skip over teaching The Core Realities and jump right into utilizing the media evaluation process.

Avoid the temptation! It's crucial that your students be taught these necessary foundational truths before embarking on the process of media evaluation.



3(D) MEDIA EVALUATION STEPS

Media Evaluation Step #1 – Discover

Students are taught how to listen critically to all types of media pieces, including film, advertising, television, music, music videos, video games, websites, apps, etc. They are taught to filter what they see and hear through a series of questions designed to discover the message and worldview communicated in the media piece. This first

Media Evaluation Step – Discover – is explained on pages 5 to 7 of How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices. (Take some time now to read through and familiarize yourself with this content.)



component 1500 **3(D) MEDIA EVALUATION STEPS**

Media Evaluation Step #2 – Discern

Students are taught to take what they've learned in the Discover step, and evaluate that in light of God's Word, paying particular attention to how the Bible speaks to these attitudes, values, behaviors, beliefs, and worldview elements. During this step, students are involved in timely and relevant Bible study which forces them to compare and contrast the Word and the

world We've included some additional content on Francis Schaeffer's four standards of artistic judgment that can be used as optional content for students who want to go deeper in the discernment process.

This second Media Evaluation Step - Discern - is explained on pages 8 and 9 of How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices. (Take some time now to read through and familiarize yourself with this content.)

3(D) MEDIA EVALUATION STEPS

Media Evaluation Step #3 – Decide

Students are taught to make Godhonoring decisions regarding their media use, consumption, and habits. They are challenged to make decisions regarding the entertainment value of their media, and the ministry value of their media. This is the important application step in the process. This third Media Evaluation Step – Decide – is explained on pages 10 and 11 of How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices. (Take some time now to read through and familiarize yourself with this content.)



Helpful Websites:

For a growing archive of sample 3(D) reviews visit www.cpyu.org.

Visit the online home of Denis Haack's Ransom Fellowship for a wealth of media reviews from a Christian perspective.

www.ransomfellowship.org



Using the Ethile A STEP-BY-STEP GUIDE

Evaluate Your Students' Media Use Habits

Find out how important media really is in the lives of your students. It will be rather eye-opening! We suggest using our **free downloadable Media Survey** (available online at www.cpyu.org/3D). This survey allows your students to anonymously answer questions related to all areas of media usage. Some of their answers may surprise you. Let them know that you intend to use the results to help you get to know them better, and to shape your future teaching. Feel free to modify our CPYU Media Survey in any way you see fit in order to meet your specific needs. Remember, your goal here is to get a clear picture of the whens, whats, and wheres of your students' media use.



Using the Eth) Cuite at A STEP-BY-STEP GUIDE cont.

Once your students have completed the surveys, take the time to tabulate the results, getting a big picture of what media your students are using, when they're using it, and their favorites. This information will be helpful to you in two ways. First, it will guide you in your choice of media pieces to evaluate as you begin to instruct students in the 3(D) evaluation process. Second, it will be helpful as you lead their parents into an understanding of why you will be teaching them the 3(D) process.

Note to Leaders:

The free downloadable CPYU Media Survey is available online in both .pdf and Word formats. If you would like to adapt and revise the survey to meet your specific needs, download the Media Survey in Word format and edit it as you see fit.



Using the E(D) Guide A STEP-BY-STEP GUIDE

Parent Orientation

Chances are that the parents of your group's kids are all over the place in terms of both their awareness of their kids' media use habits, and their notion of what is appropriate or inappropriate for you to address in the youth group setting. It's important for you to inform parents of your plans for their kids, telling them what you will be teaching their children. Give them a copy of the *How to Use Your Head to Guard Your Heart: 3(D) Guide to Making Wise Media Choices.* Explain the purpose and flow of the guide to them.

Once parents are in the loop, you can **encourage them to practice the 3(D) evaluation steps at home** as they are the ones primarily called to nurture their children in the faith. Be sure to let them know that you are serving them in a secondary supporting role.



Using the S(D) Guide Step A STEP-BY-STEP GUIDE cont.

Be aware and prepared for some parents to balk at your plans for addressing these matters in the youth group setting, challenging you because of their understanding or misunderstanding of what their kids have already been exposed to media-wise. In addition, some may not want you to take on this task for fear of their kids being exposed to media and messages they have never seen before. This is why you should take time in your parent orientation meeting to **share the survey results with your parents**. It's advisable to offer them audio and/or visual examples of the media their kids are using (ie, a music video from a favorite artist, a short audio sample of a favorite song or radio station, advertisements from a favorite magazine, etc.).



Using the Eth) Cuite Step A STEP-BY-STEP GUIDE cont.

You can also direct them to the CPYU website – www.cpyu.org – where they will find dozens of sample 3(D) reviews of recent films, television, music video, etc. In addition, they can use the regularly updated CPYU homepage as a gateway to the top music videos, film trailers, and best-seller lists.

Be sure that parents know that you are communicating this information to them because of **your commitment to keep them informed and to partner with them**. Never usurp or undermine their God-given parental authority.

Reminder to Leaders:

Don't ever usurp or undermine the authority of parents. Keep them informed. Let them know when you will be teaching and what you will be teaching their students. Always give parents the opportunity to opt their students out of the process.



TRAINING YOUR STUDENTS IN THE 3(D) PROCESS

Choose a media piece to evaluate

Now you're ready to begin the training process with your group. Because training them in this process takes time and practice, it is best to start in a large group setting. Prior to your first meeting, choose a mainstream media piece, preferably a chart-topping music video. Music videos are easier to filter through the 3(D) process since the visual element gives you more to work with, and has the added benefit of catching the group's attention. It is important not to judge the piece prior to filtering it through the 3(D) process.

Note

Even "Christian" music can be put through the 3(D) process. . . with sometimes very interesting results.





Show and discuss the chosen media piece

Before you delve into the content of the *3(D) Guide*, show the media piece and invite discussion, asking students the following questions and any others you deem appropriate. Listen carefully to their answers and discussion as what they say will give you helpful insights into how they are currently processing and thinking about their media choices and preferences.

Suggestion:

Always begin your first training endeavor with a contemporary media piece that will be familiar to a large number of your students. We suggest using a current music video. Search YouTube for music videos of songs popular in your group as revealed in the survey process.

Using the Ethele Cuffele A STEP-BY-STEP GUIDE cont. Rev

Did you like it? Why? Why not?

Was there a message? What was the message?

Would *you* consider what you just saw and heard to be "good" or "bad?"

What standards do *you* use to judge whether a media piece is "good" or "bad?"

Do you think media shapes the way your peers look at and/or live their lives?

Does it matter what we listen to or watch? Why? Why not?

Do you think God has any concern or anything to say about your media use, habits or preferences?

If so, what would God's standards be?

Remember:

You will be tempted to interject your opinions early on in the process, but don't. You want to get students talking and thinking about their media since most of them have never done this before. Listen to and respect their opinions even though you might not agree. You will have opportunity to steer them in the right direction later on in the evaluation process.

Using the Ethice A STEP-BY-STEP GUIDE cont.

Give each student a 3(D) Guide

Give each student their own copy of CPYU's How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices.

Outline your objectives and goals for teaching them the process, letting them know that you will be depending on them to give their insights, and that this is sure to be lots of fun



Need more 3(D) Guides?

You can order additional copies of CPYU's How to Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices from our online resource center at

www.cpyu.org or

by calling us at 1.800.807.CPYU

Step

Using the E(D) Guide Step A STEP-BY-STEP GUIDE cont.

Explain the 3 Core Realities

This is where you will begin to build a foundation in your group for media evaluation. You can either highlight each of the 3 Core Realities by reading them aloud and summarizing them, followed by some discussion, or, you could go more in-depth in your teaching by using three separate youth group meetings to explain the 3 Core Realities, one meeting for each.

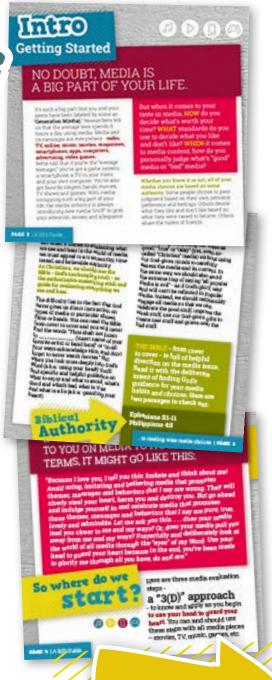
While the *3(D) Guide* has been written to explain each of the 3 Core Realities in simple, straightforward, and understandable language, here are some suggestions on teaching each:



Using the Ethice A STEP-BY-STEP GUIDE cont.

Core Reality #1 – Biblical Authority:

Spend some time, or even an entire class, discussing the concept of authority as presented on **pages 2 to 4** in the *3(D) Guide*. Explain how we as Christians should use the Bible as our source of authority since it is God's unchanging Word, since He loves us and has given us His Word to lead us into freedom, and since His standards are good, true, and right. Unfortunately, in this day and age this may be an entirely new concept, even for your professing Christian students.



Step

Using the E(D) Guide A STEP-BY-STEP GUIDE cont.

Today's teens often create their own everchanging codes of morality based on their feelings or personal preferences, which is ultimately their authority. For many, the Christian faith of their childhood and parents is just one of many equally valid belief systems. Christian teens often create their own fluid spirituality in a "smorgasbord" fashion by picking and choosing those elements of different faith systems they happen to like. Remember, today's teens generally conduct their lives based on the authority of their feelings, rather than on objective standards of truth.

Remember:

Don't expect everyone in your group to accept the authority of God's Word. However, give them permission to question that authority while encouraging them to put it to the test as they embark on learning the process of 3(D) evaluation.





Core Reality #2 – Worldview:

Discuss the concept of worldview as explained on **page 7** of the *3(D) Guide*. Teens – or adults for that matter – usually have no idea that each of them has his or her own worldview that's been shaped by their family, culture, and experiences. Neither do they realize that all media pieces are presented from a distinct worldview, and that all media communicates and promotes worldview messages. Explain that we as Christians are called to view the world through the lens of a biblical (or Christian) world and life view.



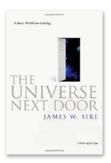




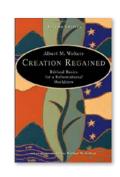
Want to learn more about the concept of Worldviews? Here are some suggested books:



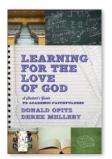
Engaging the Soul of Youth Culture: Bridging Teen Worldviews and Christian Truth by Walt Mueller (InterVarsity Press, 2006)



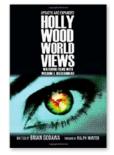
The Universe Next Door: A Basic Worldview Catalog by James Sire (InterVarsity Press, 2009)



Creation Regained: Biblical Basics for a Reformational Worldview by Albert Wolters (Eerdmans, 2005)



Learning for the Love of God: A Student's Guide to Academic Faithfulness by Donald Opitz and Derek Melleby (Brazos Press, 2014).



Hollywood Worldviews: Watching Films with Wisdom & Discernment Brian Godawa (InterVarsity Press, 2009)





Core Reality #3 – Media Use Habits:

Discuss the concept of Media Use Habits as explained on **page 11** of the *3(D) Guide*. Ask them specifically about how they think their peers process media, how their parents process media, and how they process media. Let them know that you are going to challenge them as a group to move out of a posture of "mindless consumption" to one of "mindful critique."







Teaching Suggestion:

Teach them about the contemporary postmodern worldview (you can read a concise history, summary, and explanation in Chapter 3 of Walt Mueller's book, Engaging the Soul of Youth Culture: Bridging Teen Worldviews and Christian Truth, (InterVarsity Press, 2006).

Quote:

"Man becomes what he thinks about all day long."

- Ralph Waldo Emerson



Using the Etd) Guide step A STEP-BY-STEP GUIDE cont.

Enlist The 3(D) Steps

You are now ready to walk your students through the 3(D) evaluation steps. Briefly explain the process, pointing students to the 3(D) steps — **Discover**, **Discern**, **Decide** - that are included in *How To Use Your Head to Guard Your Heart: A 3(D) Guide to Making Wise Media Choices*. Tell them that the goal of this exercise is to get them to think critically and Christianly about the media piece. The process is self-explanatory (in the *3(D) Guide*) as you help the students **Discover** the messages and worldviews presented by the music, **Discern** by comparing the worldviews and messages in the music with those of a biblical world and life view, and finally, **Decide** what to do with the music in terms of their media diet.



Using the Ethe Guide a STEP-BY-STEP GUIDE cont.

Note: It is important to work alongside the students, giving them the chance to come up with answers and evaluation on their own. Remember, you are there to think with - not for - your students. (This is important to remember as the goal of the process as enlisted repeatedly over time is to teach and train students by doing, preparing them for a lifetime of thinking Christianly for themselves). An important part of the 3(D) process is approaching the media as objectively and impartially as possible. For example, we all have preconceived notions about particular songs, bands, and styles of music that we need to leave behind. We should never go into the process with the idea that the 3(D) Guide will validate our personal opinions about a particular media piece. We can learn alongside the students.





Prepare the group to watch the chosen media piece again

Tell the group that you are going to have them watch the media piece one more time. This time, you want them to pay special attention to the message that is being communicated. If you are using a music video (which we suggest is a great media form to use as you train your group), tell them to pay special attention to the song's lyrics and visuals. Remind them that they are to thoughtfully and carefully listen and watch in order to hear and see the underlying worldview of the media piece.





View the media piece again

Play the media piece one more time. When you are finished, ask the group if they would like to view it again in order to catch things they might have missed or to clarify what they saw. Repeated watching is helpful as with each viewing, new things are seen and heard.





Break into manageable groups

Since this is the first time walking your group through the 3(D) media evaluation process, you should have one person facilitate and guide the process for the entire group, no matter how large or small. If your entire group is small enough, lead the discussion from the front. If your group is larger (20-plus people), you should still lead the process from the front, but you should have the group divide into smaller groups — each with an adult leader — for discussion purposes.





Middle Schoolers and Media...

While high school students will benefit greatly from learning and practicing the 3(D) evaluation method, don't wait until your students are in high school to teach them the process. Media use starts at a young age. Middle school students are at a great developmental point for teaching and practicing the 3(D) media evaluation method!

Remind Your Group Leaders:

Because many students believe that adults see little or no good in teen media, go out of your way to look for and comment on media messages and portrayals that are positive and Godhonoring.



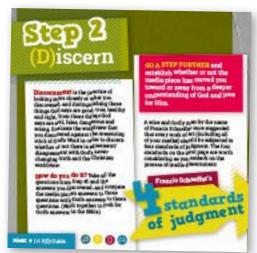
Using the Ethe Cuide a STEP-BY-STEP GUIDE cont.

Take Step 1: Discover

Now that you have watched the piece, instruct the group(s) to read the introductory paragraphs on **page 5** in preparation to go through the Discovery questions listed in the *3(D) Guide* on **pages 5 to 7.** The group leaders should endeavor to ask and discuss those questions that clearly apply to the lyrical and visual message of the media piece. Group leaders should be encouraged to add additional questions when appropriate in order to help students gain a deeper understanding of the message of the media piece. It's a good idea to have someone record the results of your discussion on a white board or piece of paper as it will be helpful to have these available for reference during Step 2.



Using the ED Guide A STEP-BY-STEP GUIDE cont.



Take Step 2: Discern

Read the explanatory paragraphs on **page 8** to explain the task to your group. Group leaders should endeavor to guide the discussion in a way that evaluates what was discovered in Step 1 under the authority of Scripture, not the group members' personal feelings or opinions. You and your adult leaders would be wise to prepare for this step by viewing and considering the discussion questions prior to working with the group. Together, students and leaders will search the Bible for answers to the worldview questions asked by the piece. Compare the Bible's answers with the media piece's answers to look for those worldview elements of the media piece that can be celebrated and affirmed because they are in line with Scriptural truth, and those that should be challenged and corrected because they are in opposition to Scriptural truth.

Using the Sed Cuidle A STEP-BY-STEP GUIDE cont.

Take Step 3: Decide

Again, let the *3(D) Guide* steer your discussion (**pages 10 and 11**). It is important to allow students to process what they've seen and heard without criticizing or reprimanding them for their choices or conclusions. If you think a student is off-base in their conclusions, ask the group to respond, or ask them all to "consider this," or "here's another position to consider." Always remember this: teenagers are in process themselves. They are going through the developmental stage between childhood and adulthood. Don't expect them to accept those conclusions that may seem obvious to you. Remember, thinking Christianly *with* them during this time is an important step in their growth towards thinking Christianly *for themselves*.



Using the E(D) Guide Step A STEP-BY-STEP GUIDE cont.

Optional Activity:

As a discernment option for older and more mature students, discuss the media piece and how it measures up in relation to Francis Schaeffer's four standards of judgment. Schaeffer's four standards are listed and explained on **pages 8 and 9** of the *3(D) Guide*.



Using the SW Guide A STEP-BY-STEP GUIDE

CONTINUE THE 3(D) PROCESS

Teaching students the *3(D) Guide* media evaluation steps is not a once-and-done exercise.

Because you are endeavoring to teach students to think Christianly about media as a life-long second-nature skill, repetition is required. Because kids are flooded with new media options each and every day, it is not unreasonable to walk students through the 3(D) Guide and steps on a regular basis. If we continue to make opportunities to think with students and consciously filter their media through this 3(D) process, it will eventually become second nature.



Using the Eth) Cuide A STEP-BY-STEP GUIDE cont.

HERE ARE SOME SUGGESTED WAYS TO CONTINUE THE PROCESS:

Regular Media Evaluation Youth Group Meetings

To help students become more accustomed to the 3(D) process, you can schedule a regular youth group meeting each month where students bring in their music and other media. Separate into groups according to media interests and work through the 3(D) steps. For example, one small group might view and evaluate a music video. Another, a magazine. Others might view and discuss an advertisement, a film, comic books, a television show, a video game, etc. While from time to time you should choose a media piece to evaluate together as a large group, it's also important to allow students the opportunity to evaluate their media favorites.



Using the Ethe Cuite A STEP-BY-STEP GUIDE cont.

On Their Own

Assign your group some homework. . . . although this homework is fun. Ask each of them to listen to a song or watch a music video at home and write out their own 3(D) Review (a growing archive of 3(D) Reviews is available online at www.cpyu.org/3D). They can present their 3(D) Reviews orally. After the presentation you may want to give other group members the chance to offer additional insights, opinions, and rebuttals. You might even want to set up more formal debates.



Using the Eth) Cuide A STEP-BY-STEP GUIDE cont.

With Their Parents

Most adults have never been challenged or trained to think critically or Christianly about media. Challenge your students to enlist the 3(D) steps at home with their parents. When viewing media popular among youth, this allows parents an opportunity to interact with their students and go deeper in their understanding of their students' media. When viewing media popular among parents, this allows parents an opportunity to be trained and challenged by their own children, and to realize the importance of parental integrity along with their need to evaluate all *their* media choices.



Using the See Guide a Step A STEP-BY-STEP GUIDE cont.

Keys to Good Communication With Teens...

Don't act like you have all the answers.

Be sure to listen.

Ask clarifying questions.

Have the facts straight before disagreeing or defending your view.

Don't get angry. Demonstrate the patience, compassion, and love of Christ.

Remember:

Media tends to influence gradually over time as students are repeatedly and cumulatively exposed to media portrayals and messages.

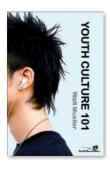


Using the Sep Cuffee A STEP-BY-STEP GUIDE cont.

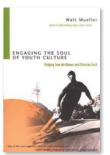
ADDITIONAL RESOURCES

The following resources will take you deeper into an understanding of today's media, the role it plays in young people's lives, and how to think more intentionally about media from a distinctively Christian perspective.

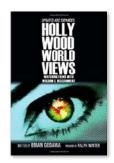
Books



Youth Culture 101 by Walt Mueller (Zondervan/Youth Specialties, 2007)



Engaging the Soul of Youth Culture: Bridging Teen Worldviews and Christian Truth by Walt Mueller (InterVarsity Press, 2006)



Hollywood Worldviews: Watching Films with Wisdom & Discernment Brian Godawa (InterVarsity Press, 2009)

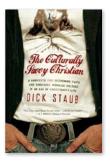


Using the ED) Guide A STEP-BY-STEP GUIDE cont. Step

Books



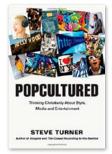
Eves Wide Open: Looking for God in Popular Culture William Romanowski (Brazos, 2007)



The Culturally-Savvy Christian: A Manifesto for Deepening Faith and Enriching Popular Culture in an Age of Christianity-Lite by Dick Staub (Jossey-Bass, 2008)



Imagine: A Vision for Christians in the Arts by Steve Turner (InterVarsity Press, 2001)



Popcultured: Thinking Christianly About Style, Media and Entertainment by Steve Turner (InterVarsity Press, 2013)



RESOURCES



Websites

The Center for Parent/Youth Understanding www.cpyu.org

Ransom Fellowship www.ransomfellowship.org

Hollywood Jesus www.hollywoodjesus.com

For a growing and complete list of helpful resources, visit the Center for Parent/Youth Understanding online at www.cpyu.org.